

Recreational Soccer Rules

FIFA "Laws of the Game" govern Rec Soccer unless modified by CalSouth.

Checkout: www.FIFA.com and www.CalSouth.com

These modifications to the "Laws of the Game" are authorized:

Division	Age	Minutes Per half	Ball Size	Max # of Players	Min # of Players	Freekick distance	Field Dimensions
6	U8	25	3	6	4	6 yards	60% of FIFA
5	U10	25	4	8	6	8 yards	80% of FIFA
4	U12	30	4	11	7	10 yards	50 x 100 yds minimum
3	U14	35	5				
2	U16	40	5				
1	U18	45	5				

Game ball: The home team shall provide a suitable game ball.

Game duration: Time is not added for any stoppages. Half-time is 5 minutes in all Divisions.

Division 1-3: Before the game each Player and Coach must present a valid laminated CYSA-S Registration Card to the Referee.

Substitutions: Need the Referee's prior consent, are unlimited, and may occur only when the ball is out of play (deadball). Substitutes must be at the half way line and ready to play.

Coaching: Allowed only by a Coach who is behind the touch line and within 10 yards of halfway. The tone of voice must be informative, and not derogatory. Coaches, as well as Players and substitutes, may not make derogatory remarks or gestures to any Referee, spectator, substitute, Player, or Coach.

Loaned/Borrowed Players: Are not allowed

Recreational Soccer Rules (cont'd)

Rule interpretations and clarifications

Approved by Cardiff Soccer League, Encinitas Soccer League, Rancho Santa Fe Youth Soccer and Solana Beach Soccer Club for use in Recreational Soccer Games.

Freekick distance: Same for Kickoffs, Corner Kicks, Penalty Kicks

Substitution requests: May be denied if deemed excessive or too close to the end of a half. Substitute goalkeepers should be ready to play (shirt, gloves, etc) so as to minimize delay.

Player Ejection: (Red Card) or **Coach Caution/Ejection** (Yellow/Red Card): Referee must send a report to the player's league of registration but shall not retain any Player (or Coach) Card.

In Division 6 there are no Cautions/Ejections but a Referee can require a Coach to substitute a Player for unacceptable conduct.

Foul throw: Referees should indicate or explain why a throw was foul. In Division 6, a second attempt is allowed with the Referee assisting the same player to achieve the correct method.

Offside: In Division 6, there is no offside but *deliberately* placing a Player in an offside position is contrary to the spirit of the game and should be actively discouraged by Coaches and Referee alike.

Shirt Color: In case of conflict, the Home team must change

Goalkick: Any number of players on the kicking team may be inside the Penalty Area. Opponents must remain outside until the ball is in play (whole of ball fully crosses Penalty Area line).